

## 5<sup>th</sup> Year RSE

Dear Parent / Guardian,

This term as part of our Senior Cycle Programme in 5<sup>th</sup> year we will be covering the module on Relationships & Sexuality (RSE). RSE is much wider than the physical aspects of sexuality & incorporates the moral, social & psychological elements of each student.

In 5<sup>th</sup> year the topics covered will include:

- Relationships: Dealing with Feelings  
Living with Loss  
Understanding Boundaries  
Communications
  
- Time to Think: Sexual Orientations  
Challenging Roles
  
- Sexual Health: Human Reproduction  
Unplanned Pregnancy  
STIs  
Without Consent

Resources used will include:

TRUST: Talking Relationships Understanding Sexuality Teaching Resource  
Social, Personal & Health Education: RSE Post Primary

Your son / daughter may wish to talk about these topics at home and you are best placed to address any concerns they may have.

If you have any queries or wish to discuss this further please contact the Principal, Mr McCormack.

With kind regards

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5<sup>th</sup> year RSE Teachers

## 6<sup>th</sup> Year RSE

Dear Parent / Guardian,

This term as part of our Senior Cycle Programme in 6<sup>th</sup> year we will be covering the module on Relationships & Sexuality (RSE). RSE is much wider than the physical aspects of sexuality & incorporates the moral, social & psychological elements of each student.

In 6<sup>th</sup> year the topics covered will include:

- Relationships: When we Feel Hurt
  - Loving Relationships
  - Intimacy
  - Marriage
- Time to Think: Influences & Values
  - Decision Making
  - Responsible Relationships
- Sexual Health:
  - Contraception Methods
  - Responsible Parenthood
  - STI Transmission

Resources used will include:

TRUST: Talking Relationships Understanding Sexuality Teaching Resource  
Social, Personal & Health Education: RSE Post Primary

Your son / daughter may wish to talk about these topics at home and you are best placed to address any concerns they may have.

If you have any queries or wish to discuss this further please contact the Principal, Mr McCormack.

With kind regards

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6<sup>th</sup> year RSE Teachers